

# SRV Online Seminar

Ishvara's Nondual Teachings -

*What Sri Ram Transmits in the Adhyatma Ramayana*

March 28, 29, 30, 2028

Daily Schedule, (**NOTE: Time changes for parts of Europe on Sunday**)

Friday, Saturday (March 28, 29) Schedule (same schedule each day) (Saturday, Sunday, in some locations)	<u>HAWAII</u> TIME: HST	<u>PACIFIC</u> TIME: PDT	<u>EASTERN</u> TIME: EDT	GMT: Iceland	<u>CENTRAL</u> <u>EUROPE</u> CET	<u>South</u> <u>Africa,</u> <u>SAST</u>
<i>Opening the shrine (Arati)</i> <i>with devotional music</i>	6:30am - 7:00am	9:30am - 10:00am	12:30pm - 1:00pm	4:30pm - 5:00pm	5:30pm - 6:00pm	6:30pm - 7:00pm
Class 1 –	7:05am - 8:30am	10:05am - 11:30am	1:05pm - 2:30pm	5:05pm - 6:30pm	6:05pm - 7:30pm	7:05pm - 8:30pm
Followed by Satsang (question & answer- Q&A)	8:45am - 9:45am	11:45am - 12:45pm	2:45pm - 3:45pm	6:45pm - 7:45pm	7:45pm - 8:45pm	8:45pm - 9:45pm
Class 2 –	11:00am - 12:30pm	2:00pm - 3:30pm	5:00pm - 6:30pm	9:00pm - 10:30pm	10:00pm - 11:30am	11:00pm - <b>12:30am</b>
Followed by Satsang	12:45pm - 1:45pm	3:45pm - 4:45pm	6:45pm - 7:45pm	10:45pm - 11:45pm	11:45am - <b>12:45am</b>	<b>12:45am -</b> <b>1:45am</b>
<b>Time Change for Parts of Europe Starts Sunday</b>						
Sunday, March 30 Schedule (Monday in some locations)	<u>HAWAII</u> TIME: HST	<u>PACIFIC</u> TIME: PDT	<u>EASTERN</u> TIME: EDT	GMT: Iceland	<u>CENTRAL</u> <u>EUROPE</u> CEST	<u>South</u> <u>Africa,</u> <u>SAST</u>
<i>Opening the shrine (Arati)</i> <i>with devotional music</i>	6:30am - 7:00am	9:30am - 10:00am	12:30pm - 1:00pm	4:30pm - 5:00pm	6:30pm - 7:00pm	6:30pm - 7:00pm
Class 1 –	7:05am - 8:30am	10:05am - 11:30am	1:05pm - 2:30pm	5:05pm - 6:30pm	7:05pm - 8:30pm	7:05pm - 8:30pm
Followed by Satsang (question & answer- Q&A)	8:45am - 9:45am	11:45am - 12:45pm	2:45pm - 3:45pm	6:45pm - 7:45pm	8:45pm - 9:45pm	8:45pm - 9:45pm
Class 2 –	11:00am - 12:30pm	2:00pm - 3:30pm	5:00pm - 6:30pm	9:00pm - 10:30pm	11:00pm - <b>12:30am</b>	11:00pm - <b>12:30am</b>
Followed by Satsang	12:45pm - 1:45pm	3:45pm - 4:45pm	6:45pm - 7:45pm	10:45pm - 11:45pm	<b>12:45am -</b> <b>1:45am</b>	<b>12:45am -</b> <b>1:45am</b>